Authentic Leadership: The HEART Model

A SEL-based approach

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Goals



Demonstrate SEL best practices



Reflect on SEL strategies within your context



Learn and reflect on Authentic Leadership practices



Self-awareness	 Understand links between personal and sociocultural identities
Self-management	• Regulate emotions, behaviors, and responses
Social-awareness	Take the perspective of others
Relationship skills	• Establish and maintain healthy relationships
Responsible decision-making	 Ability to make caring, constructive choices about personal behavior and social interactions

Which of the 5 CASEL Competencies is a growth area for your leadership?

Brene Brown (2018)

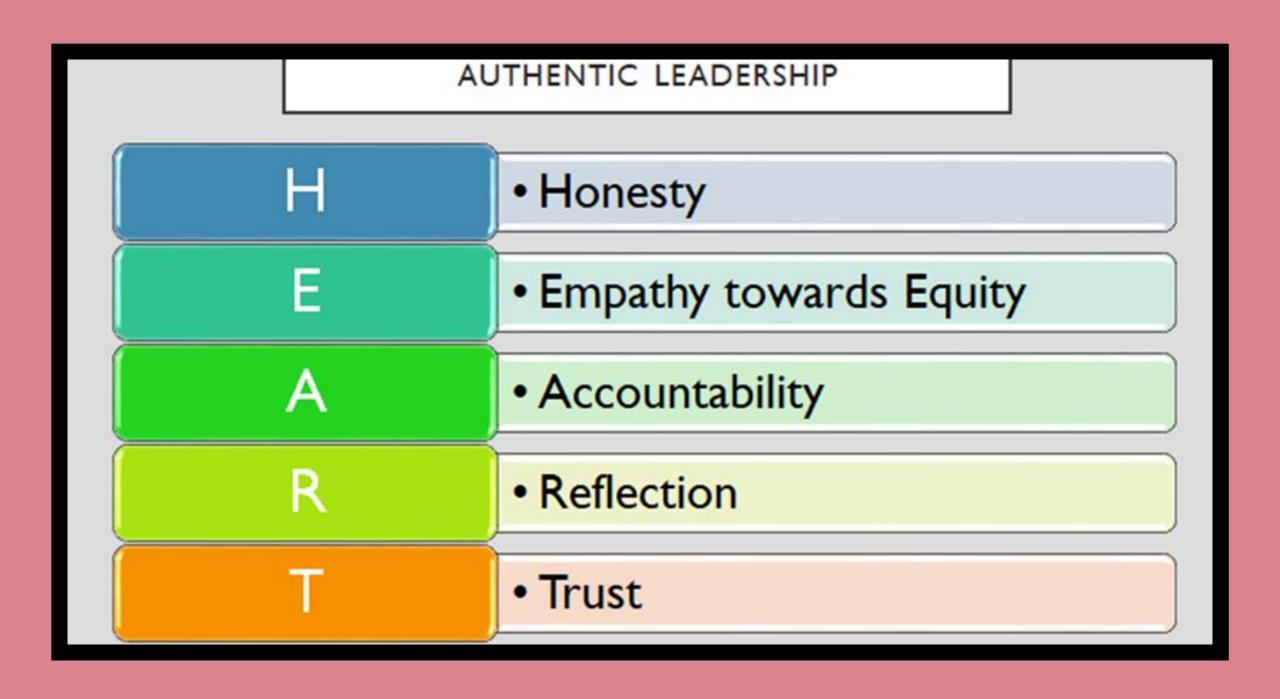
Who we are is how we lead.



Authentic Social-Emotional Leadership:

The **HEART** Model





Honesty

Self-Awareness

In what ways are you authentically living and demonstrating your core values within your leadership?

Empathy towards
Equity

Social-Awareness In what ways do you consider, reflect and connect with the perspectives of people who differ from you?

Accountability

Responsible Decision-Making

In what ways are you accountable to your school community by providing access points for those furthest from power?

Reflection

Self-Management

In what ways do you answer your "why" each day?

Trust

Relationship Skills

In what ways do you demonstrate trustworthiness?

What are your next steps?

Write at least two CONCRETE next steps to embed the HEART model/SEL competencies within your leadership practice.